

11th october 2006

Making it happen...

A conference promoting positive mental health and well-being

Happiness levels have remained unchanged despite unprecedented economic growth. Why? And what changes to local policy will make a difference?

This conference is a must for professionals who are looking to learn the latest about the well-being agenda so that they can inform local policy and decision-making. The internationally renowned speakers will shed light on the well-being agenda from the perspectives of health and social care, including the influence on primary care.

Conference speakers:

- **Dr Chris Manning**
CEO Primhe
- **Dr Laura Pogue**
GP with Special Interest in Mental Health,
St Helens Primary Care NHS Trust
- **Michael Norton OBE**
Directory of Social Change and Founder of Unltd
- **Dr Sam Thompson**
nef New Economics Foundation
- **Plus**
Premiere of acclaimed Wellbeing Education and Training Resource Film

wellbeing
project.co.uk

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This CPD accredited Conference in Liverpool, marks the launch of The Wellbeing Project Community Interest Company and World Mental Health Day

Date: Wednesday 11th October 2006,
9.00am-2.00pm lunch is included.

Venue: FACT (Foundation for Art & Creative Technology) Screen 1, FACT,
88 Wood Street, Liverpool L1 4DQ

Cost: £150.00 including lunch.

For more information about the conference please contact Mark Swift at the Wellbeing Project on 07709 805 767 or Laura Jane Skinner on 07706 491 112 or email: laurajaneskinner@wellbeingproject.co.uk.

Conference payment is by cheque only, made payable to **The Wellbeing Project** and sent to: Mark Swift, The Wellbeing Project, PO Box 311, Liverpool, L13 8WX. Please include your full contact details, telephone and email. Cancellations must be made in writing by 27th September 2006. We can invoice organisations, however all payment must be settled by 29th September 2006.

If you would like to be informed of future projects please email: mailinglist@wellbeingproject.co.uk or visit our website at www.wellbeingproject.co.uk

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All profits from the day will be used to fund recovery and employment pathways for people living in mental health distress, and to promote the mental well-being of the community of Merseyside. Supported by: **nef** New Economics Foundation, UnLtd, Primhe, John Moores University and CALM.

